10th Grade Course Selection

Sequoia Counselors
Spring 2020

Course Selection Presentation
Overview of the 2-Part Process

1) **Classroom Presentation in English class**
   - Review Graduation & A-G Requirements
   - Review Subject Area Pathways
   - Complete course planning worksheet
   - Make appointment in Setmore

2) **Meet 1:1 with your Counselor (March 11th-27th)**
   - 10 minutes to finalize course selection
   - Sign-up for summer school, concurrent enrollment, Cyber High, Redwood
   - Time to discuss post-secondary plans

Academics: Sequoia Graduation Requirements

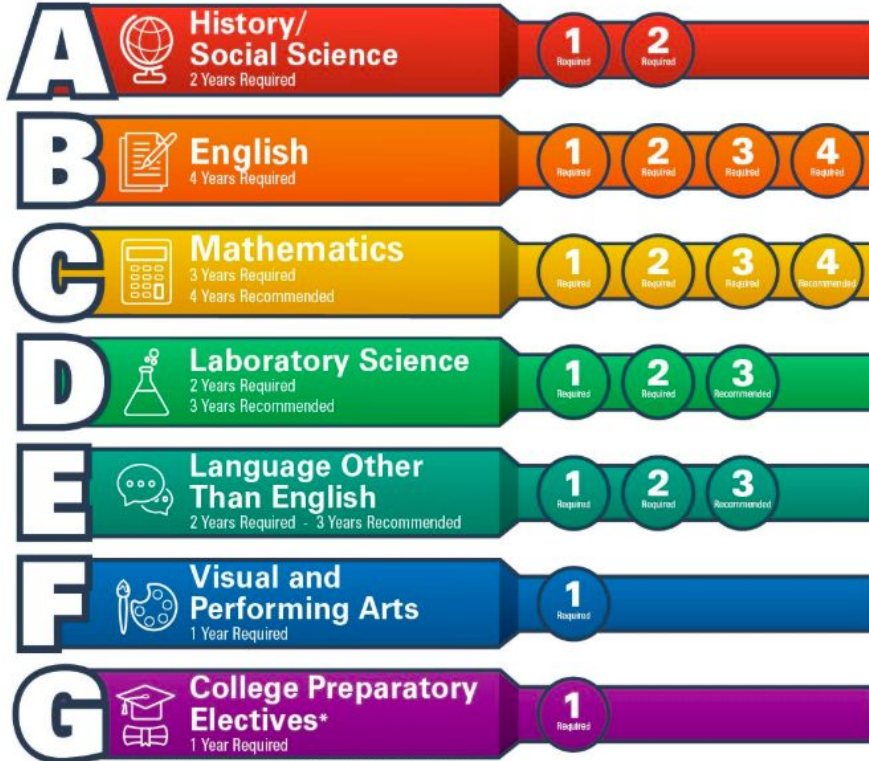**Credits: 220** total credits

Courses:

- **40 credits** of English
- **35 credits** of Social Studies
- **20 credits** of Science (10 credits must be lab)
- **20 credits** Math (10 credits Algebra & 10 credits Geometry)
- **10 credits** of Fine Arts/Visual & Performing Arts
- **10 credits** of Career Technical Ed/CTE (OR 3rd level of World Language)
- **20 credits** of P.E. (OR 10 credits may be met through 3 seasons of sports in grades 10-12)
- **2.5 credits** of Life Skills
- **62.5 credits** of Electives

Options for fulfilling PE requirement

- Take PE or Dance in 11th grade.

- **Sequoia Athletics:** each season you earn 3.5 credits. 3 seasons of a sport in 10-12th grade will fulfill the second year requirement.

- Summer School or Concurrent Enrollment

Post-Secondary: A-G Requirements

A History/Social Science — 2 Years Required — 1 Required, 2 Required

B English — 4 Years Required — 1 Required, 2 Required, 3 Required, 4 Required

C Mathematics — 3 Years Required, 4 Years Recommended — 1 Required, 2 Required, 3 Required, 4 Recommended

D Laboratory Science — 2 Years Required, 3 Years Recommended — 1 Required, 2 Required, 3 Recommended

E Language Other Than English — 2 Years Required - 3 Years Recommended — 1 Required, 2 Required, 3 Recommended

F Visual and Performing Arts — 1 Year Required — 1 Required

G College Preparatory Electives* — 1 Year Required — 1 Required

*Any courses taken in excess of the minimum required in any subject area may count toward the fulfillment of the College Preparatory Elective requirement

A-G Requirements UC/CSU 4 year colleges

- Students must complete **A-G courses** and earn a "C-" or higher to be **_eligible_** for admission.
- Students are encouraged to exceed the minimum requirements to be **_competitive!_**

Naviance Tools

- **Sign-up for "College Visits" on Naviance**

- **Use College Search tools (ie: Scattergram, Super Match)**

- **Update "Colleges I'm Thinking About" List**

- **Explore Careers**

- **Scholarships**

- **Résumé**

- **Weekly Email from Ms. Ignaitis**

Summer Opportunities & Extra-Curricular Activities

- **Naviance, under "Enrichment Programs" in "Colleges" Tab**

- **Ms. Ignaitis' weekly emails**

- **"Student Life" on sequoiahs.org**

- **Boys & Girls Club**

- **Upward Bound**

- **Community Service**

- **Concurrent Enrollment**

- **Work (Check out: *Jobs for Youth*)**

- **Ask your counselor**

Concurrent Enrollment

- **Concurrent Enrollment = Community College Courses & Online/Private Programs**

- **Concurrent enrollment forms available in the Guidance Office.**
  - **Applications must be submitted prior to starting the class.**

- **See your counselor for more information.**

Schedule Your Counselor Appointment

- **10-minute individual** course selection meetings with your counselor will take place March 11th-27th.

- Go to **sequoiacounseling.setmore.com**

- Click on **Class of 2022; Course Selection Meeting**

- Make your appointment with your assigned counselor, ready-set-go!

Counselor Appointment Details

- It is important that you are **present and on time** for your appointment.

- It is your responsibility to get **approval** from your teacher if you plan to **miss** his/her class.

- You will receive **reminders via email**, and via text message if you choose.

Resources when Determining Course Selection

- Academic: Use Canvas to track your current grades. Consider whether you want to take on additional challenging classes, like **AS/AP/IB**

- Consider your interests and passions.

- Use PSAT results to help guide you in selecting AS/IB courses.

- Explore course options in the **Program Planning Handbook** (under "Resources" on www.sequoiahs.org).

Resources when Determining Course Selection

- **Talk with your teachers, parents and counselor** regarding your course requests and consider their feedback. Email your teachers and/or counselor to clarify any questions.

- Make sure **you meet all deadlines** for changes regarding your 2020-21 course requests. Due by May 22nd.

- Choose your alternate courses carefully as your first choice is not guaranteed.

- Course requests subject to change based on teacher recommendations.

Course Selection Worksheet

- Find **BALANCE!** Consider your performance this year with your commitments.

- **ASSESS** if your current schedule is working for you.

- Consider **RIGOR!** Challenge yourself by taking ICAP/AS/AP/IB classes.

- **UPDATE** Academic Planner in Infinite Campus today!

- Requests for 2020-21 course request changes are due by **May 22, 2020** no exceptions!

| Name:_____ | | Student ID:_____ | | Counselor:_____ |
	9th Grade (write in 9th grade classes)	10th Grade (write in current classes)	11th Grade	12th Grade
Social Studies 35 credits			US History IB History	Government/Econ IB World Topics
English 40 credits			English III IB English Y1	English IV IB English Y2
Math 20 credits				
Science 20 credits				
Fine Art 10 credits				
CTE/World Language III and above 10 credits				
Life Skills 2.5 credits				
PE 20 credits		PE 2 PE Dance PE Weight Train PE Conditioning PE Inter Dance PE Dance XL		
Electives 62.5 credits				
Total: 220 Credits				

Max of 7 classes per year, with eligible elective

Considering the IB Diploma?
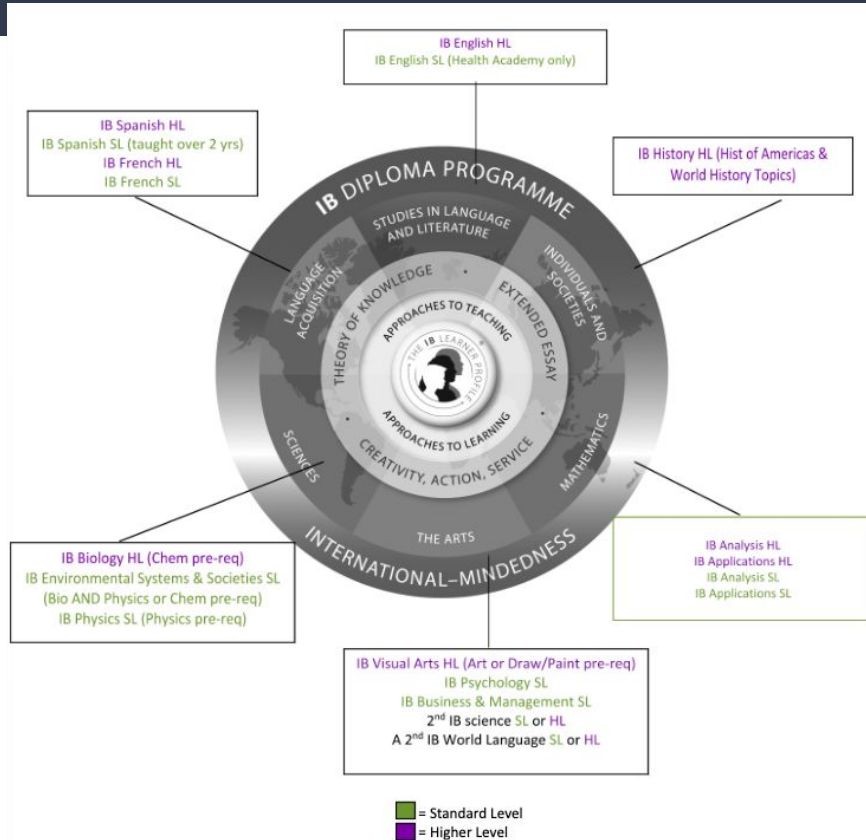
- **3 Higher Level courses**
- **3 Standard Level courses**
- **Theory of Knowledge (TOK)**
  - **Extended Essay (EE)**
- **Creativity, Activity, Service (CAS)-150 hours**
- **IB course prerequisites**
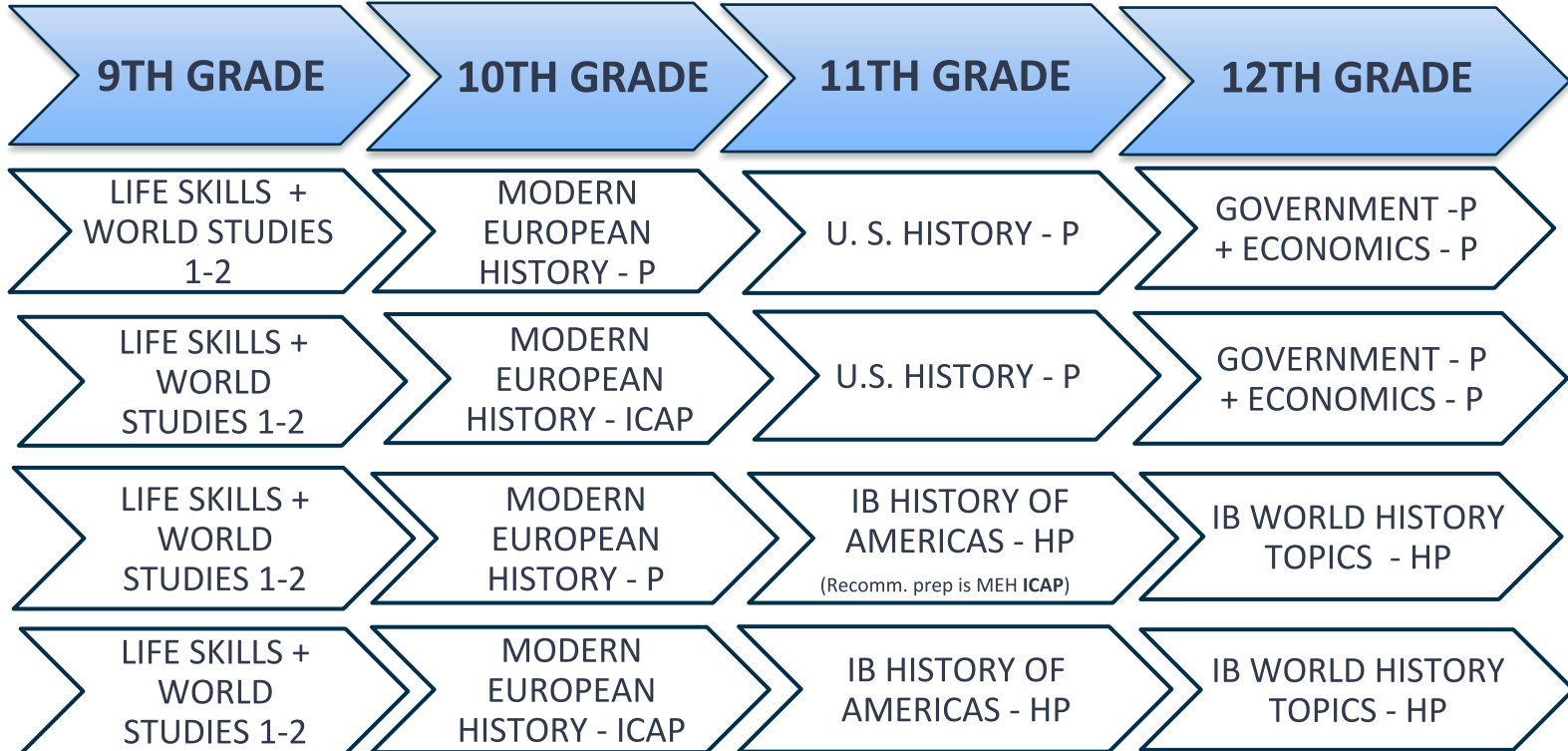- **Stay up to date with communications from IB Office**

IB Courses Prerequisites

IB Course	Grade in which IB Course is taken	Prerequisite Course Required	Grade in which Prerequisite is taken
IB Visual Arts	2 year course: 11th and 12th grade	Art I or Draw/Paint I	9th or 10th
IB Physics*	1 year course: 12th grade Recommended	Physics & Concurrently enrolled in Algebra II/Trig	9th-11th
IB Biology**	2 year course: 11th and 12th grade	Chemistry or AS Chemistry with C- or higher	10th
IB Spanish	2 year course: 11th and 12th grade	Spanish 2/3 ICAP, Spanish III, or Spanish III NS with C- or higher	10th
IB French	2 year course: 11th and 12th grade	French 2/3 ICAP or French III with C- or higher	10th
IB Math	9th-12th grade	Dependent on previous year's math level with C- or higher	8th-11th
IB Environmental Systems	1 year course: 11th or 12th	Biology AND Chemistry or Physics with C or higher	9th-11th

*IB Physics recommended for senior year - The more math knowledge the better

**IB Biology intended pathway - 9th Physics, 10th AS Chemistry or Chemistry
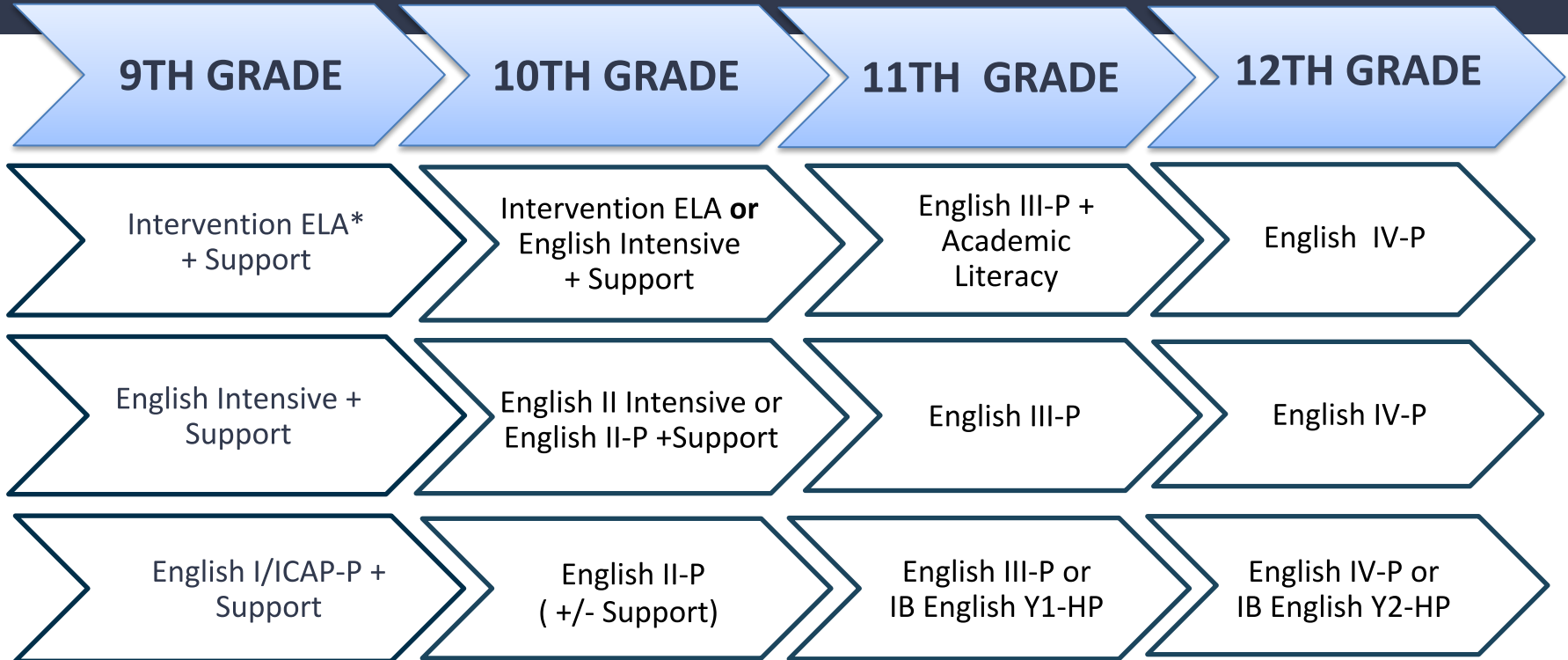
College preparatory pattern of science includes Biology, Chemistry & Physics
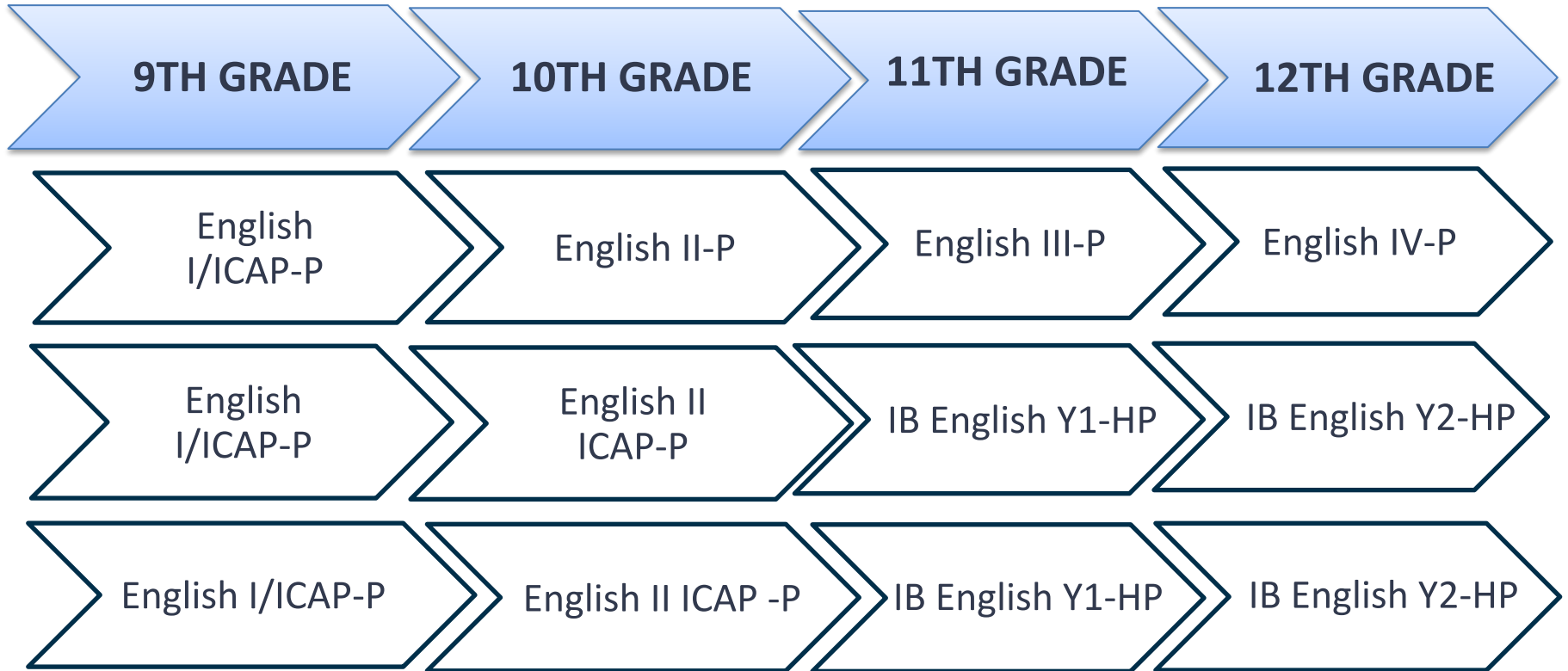
Sequoia HISTORY Pathway

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
LIFE SKILLS + WORLD STUDIES 1-2	MODERN EUROPEAN HISTORY - P	U. S. HISTORY - P	GOVERNMENT -P + ECONOMICS - P
LIFE SKILLS + WORLD STUDIES 1-2	MODERN EUROPEAN HISTORY - ICAP	U.S. HISTORY - P	GOVERNMENT - P + ECONOMICS - P
LIFE SKILLS + WORLD STUDIES 1-2	MODERN EUROPEAN HISTORY - P	IB HISTORY OF AMERICAS - HP (Recomm. prep is MEH **ICAP**)	IB WORLD HISTORY TOPICS - HP
LIFE SKILLS + WORLD STUDIES 1-2	MODERN EUROPEAN HISTORY - ICAP	IB HISTORY OF AMERICAS - HP	IB WORLD HISTORY TOPICS - HP

World Studies 1-2 is waived for students that took Intervention ELA, English Intensive, ELD I, or ELD II in 9th grade

Sequoia ENGLISH Pathway

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
Intervention ELA* + Support	Intervention ELA **or** English Intensive + Support	English III-P + Academic Literacy	English IV-P
English Intensive + Support	English II Intensive or English II-P +Support	English III-P	English IV-P
English I/ICAP-P + Support	English II-P (+/- Support)	English III-P or IB English Y1-HP	English IV-P or IB English Y2-HP

Intervention ELA earns elective credit and NOT English Credit. Students who eventually pass a grade-level English class will earn graduation English I credit, retroactively (not A-G).

Sequoia ENGLISH Pathway

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
English I/ICAP-P	English II-P	English III-P	English IV-P
English I/ICAP-P	English II ICAP-P	IB English Y1-HP	IB English Y2-HP
English I/ICAP-P	English II ICAP -P	IB English Y1-HP	IB English Y2-HP

IB ENGLISH HL Y1-HP & ENGLISH III-P

- **Think about what class YOU want to take.**

- **Talk with your parents/guardians.**

- **Talk with your English teacher about their recommendation.**

Sequoia MATH Pathway

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
ALGEBRA READINESS	ALGEBRA I W/SUPPORT	GEOMETRY W/SUPPORT	ALGEBRA II
ALGEBRA I	GEOMETRY	ALGEBRA II	ALG II/TRIG
ALGEBRA I	GEOMETRY	ALG II/TRIG	IB APPLICATIONS SL Y1 IB ANALYSIS SL Y1
ALGEBRA I	ALG II/TRIG	IB APPLICATIONS SL Y1 IB ANALYSIS SL Y1	IB APP SL Y1 IB ANALYSIS SL Y1 IB APPLICATIONS HL Y2 IB ANALYSIS HL Y2
	GEO ENRICH (Summer)		
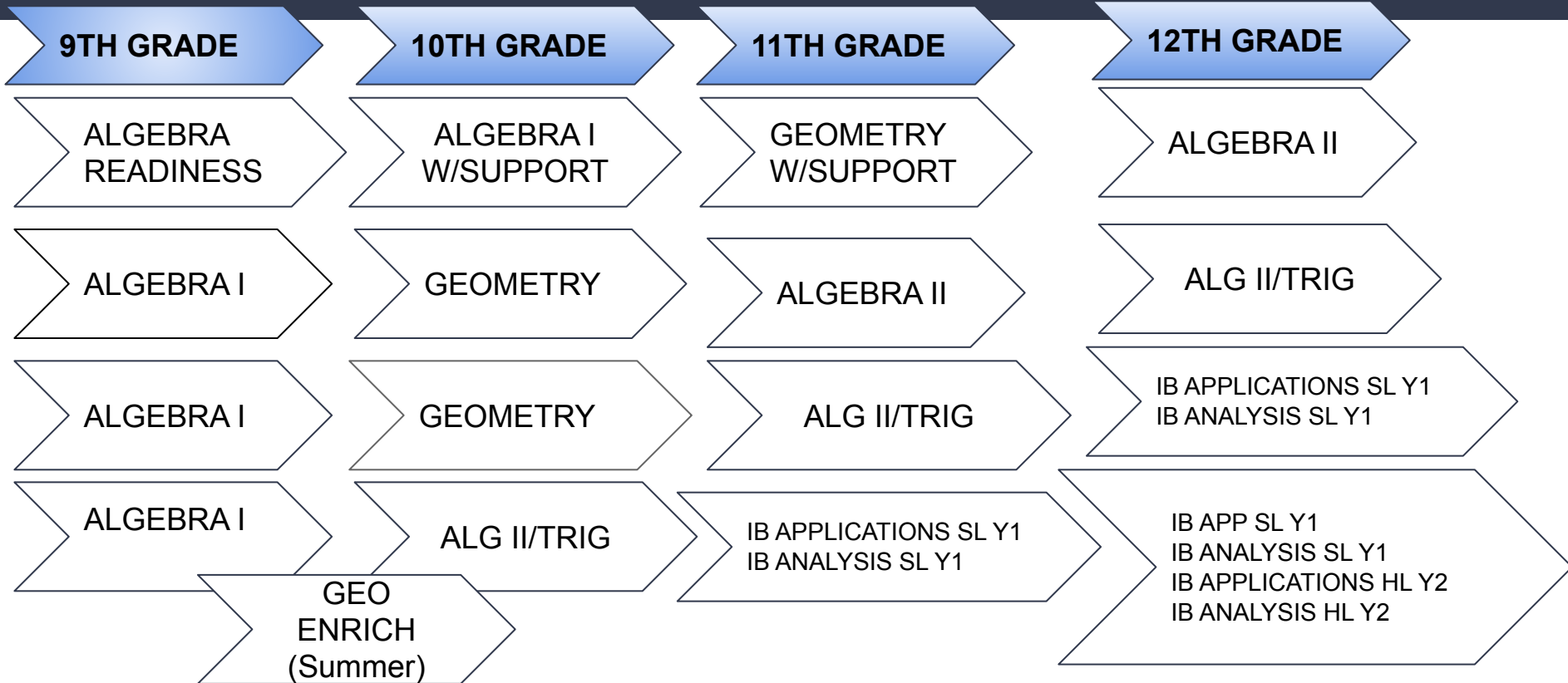
Sequoia MATH Pathway Continued

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
GEOMETRY	ALG II/TRIG	IB APPLICATIONS SL Y1 IB ANALYSIS SL Y1	IB APP SL Y1 IB ANALYSIS SL Y1 IB APP HL Y2 IB ANALYSIS HL Y2
ACC. GEO/ ALG II	IB APPLICATIONS SL Y1 IB ANALYSIS SL Y1 PRECALCULUS*	IB APP SL Y1 IB ANALYSIS SL Y1 IB APP HL Y2 IB ANALYSIS HL Y2 IB MATH HL Y2* AP/IB CALCULUS*	IB APP SL Y1 IB APP HL Y2 IB ANALYSIS SL Y1 IB ANALYSIS HL Y2 MULTI. CALC & DIFF EQUATIONS
PRECALCULUS*	AP/IB CALCULUS*	IB ANALYSIS HL Y2 IB MATH HL Y2*	MULTIVARIABLE CALC & DIFFERENTIAL EQUATIONS

*Not offered in 2020-2021 school year

Sequoia SCIENCE Pathway

9TH GRADE

- Biology
- Physics

10TH GRADE

- Biology
- Physics
- Chemistry
- AS Chemistry
- Biotechnology

11TH GRADE

- Physics
- Chemistry
- AS Chemistry
- IB Biology Y1
- IB ESS
- Biotechnology
- Human Biology
- IB Physics (rec. in 12th grade)

12TH GRADE

- Physics
- Chemistry
- AS Chemistry
- IB Biology Y2
- IB ESS
- Biotechnology
- Human Biology
- IB Physics

Sequoia WORLD LANGUAGE Pathway:
*Final placement based on S2 grade

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
French I-P	French II-P	French III-P	French IV-P
French I-P	French II/III-ICAP-P	IB French B-HL Y4-HP	IB French B-HL Y5-HP
French II-P	French III-P	IB French B-HL Y4-HP	IB French B-HL Y5-HP

Sequoia WORLD LANGUAGE Pathway:
*Final placement based on S2 grade

9TH GRADE	10TH GRADE	11TH GRADE	12TH GRADE
Spanish I-P	Spanish II-P	Spanish III-P	Spanish IV-P
Spanish I-P	Spanish II/III ICAP-P	IB Spanish B-**SL** Y4-HP <u>or</u> IB Spanish B-**HL** Y4-HP	IB Spanish B-**SL** Y5-HP <u>or</u> IB Spanish B-**HL**- Y5-HP
Spanish II-P	Spanish III-P	IB Spanish B-**SL** Y4-HP <u>or</u> IB Spanish B-**HL** Y4-HP	IB Spanish B-**SL** Y5-HP <u>or</u> IB Spanish B-**HL**- Y5-HP
Spanish II-NS-P	Spanish III NS-P	IB Spanish B-**SL** Y4-HP <u>or</u> IB Spanish B-**HL** Y4-HP	IB Spanish B-**SL**-Y5-HP <u>or</u> IB Spanish B-**HL**- Y5-HP
Spanish III NS-P	IB WL not offered in 10th grade. Recommendation to take Span. II-NS in 9th grd.	IB Spanish B-**SL** Y4-HP <u>or</u> IB Spanish B-**HL** Y4-HP	IB Spanish B-**SL** Y5-HP <u>or</u> IB Spanish B-**HL**- Y5-HP

Sequoia Physical Education Options:

- **20 credits of P.E. required for graduation requirements.**
- Alternative options:
  - Sequoia Athletics: each season you earn 3.5 credits. 3 seasons of sports 10th-12th grades will fulfill the second year requirement.
  - Summer School
  - Concurrent Enrollment
- If you plan to take P.E. at Sequoia, choose your class for 11th grade:
  - P.E.-2
  - P.E. Weight Train
  - P.E. Conditioning (yoga)
  - P.E. Dance
  - Intermediate Dance (audition required)
  - Advanced Dance (audition required)

Sequoia ELECTIVES

VISUAL & PERFORMING ARTS
10 credits required for graduation
-P & -HP= Course meets UC/CSU entrance requirements

MUSIC
Advanced Band-P (audition)**
Band II-P
(for new and current Band II students)
Choral I-P & II-P
(Other levels placed in II)
Guitar-P
Piano-P
Orchestra-P

VISUAL
Art I-P
Digital Photo I-P & II-P
Draw/Paint I-P & II-P
IB Visual Arts Y1 - HP & Y2 - HP
Ceramics I-P & II-P

PERFORMING
Inter. Dance-P (audition)**
Dance XL- P (audition)**
Stage Craft I-P

DIGITAL ARTS ACADEMY
Multimedia I-P 10th

**Students wanting to pursue these classes need to contact teacher for audition dates.

CAREER TECHNICAL EDUCATION**
10 credits required for graduation
-P & -HP= Course meets UC/CSU entrance requirements

MEDIA & ENTERTAINMENT
Journalism I-P, II-P, III-P

BUILDING, TRADES & CONSTRUCTION
CTE Wood I
CTE Wood II

HOSPITALITY, TOURISM & RECREATION
CTE Foods & Nutrition I-P
CTE Culinary Arts-P 10th-12th

EDUCATION, CHILD DEVELOPMENT, & FAMILY SERVICES
CTE Foundations of Education-P
CTE Principles of Curriculum & Instruction-P

MEDICAL TECHNOLOGY
Biotechnology I-II –P

DIGITAL ARTS ACADEMY
CTE Multimedia II-P 11th
Digital Filmmaking-P 12th

HEALTH CAREERS ACADEMY
CTE Intro to Health Professions-P 10th
CTE Medical Clinical I-P 11th
CTE Medical Clinical II-P 12th

INFORMATION TECHNOLOGY
Java Programming
Intro to Prog Mobile Apps-P

WORLD LANGUAGE III & ABOVE
May be used in place of CTE to meet this graduation requirement area. French ⅔ ICAP and Spanish ⅔ ICAP do not fulfill this area.

ADDITIONAL ELECTIVES
-P & -HP= Course meets UC/CSU entrance requirements

IB Psychology-HP 11th-12th

IB Business & Management-HP 11th-12th

PE-2/Weight Train/Conditioning/Dance 10th-12th

IB TOK-HP 11th-12th
[IB Diploma]

Student Leadership 9th

Leadership ASB 10th-12th & by teacher recommendation only

Sports Leadership-P 10th-12th

AVID I-P, II-P, III-P, IV-P
[Advancement Via Individual Determination]

BUILD-P 9th-10th [Entrepreneurship]

Wood III 11th-12th

Work Experience 11th-12th
36 hrs. =1 credit
[10 credits per semester max & not a scheduled class, after hours]

Sequoia Athletics
Each sport = 3.5 credits

Cheerleading = 3.5 credits awarded in the spring only

Sports credits may be used toward the P.E. graduation requirement for 10th -12th grades only

9th grade sports remain as elective credit

Credit Recovery

- **Summer School- Sign up when you meet with your Counselor for 10th grade course selection: March 11 - March 27th.**
  - **Session 1: June 15th-July 3rd (*Tentatively)**
  - **Session 2: July 6th-July 24th (*Tentatively)**
 - **Mon-Fri: 8am-1:30pm**

- **Cyber High (online)- Pick up an application from your Counselor today. Available during the school year & summer.**

Infinite Campus (IC): Four Year Plan

- **Add classes for 11th - 12th grades**

- **This is a tentative plan, next Spring you will revise your plan with your counselor**
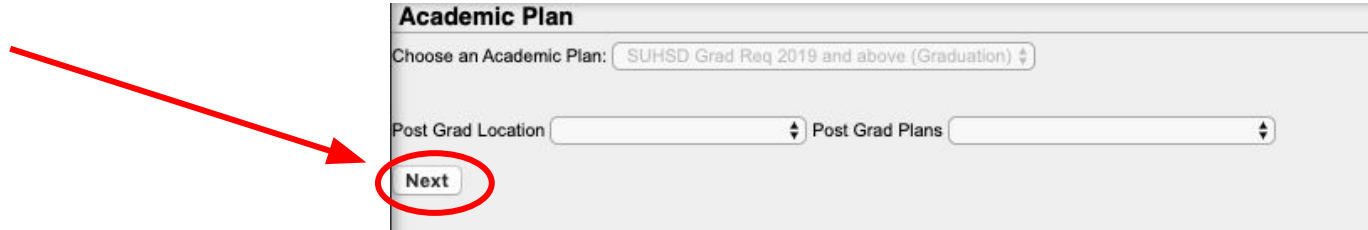
Infinite Campus (IC): Four Year Plan

- **Go to:** *ic.seq.org*

- **Username: student ID #**
  Password: initials+6 digit birthday

- **Click on Academic Plan**
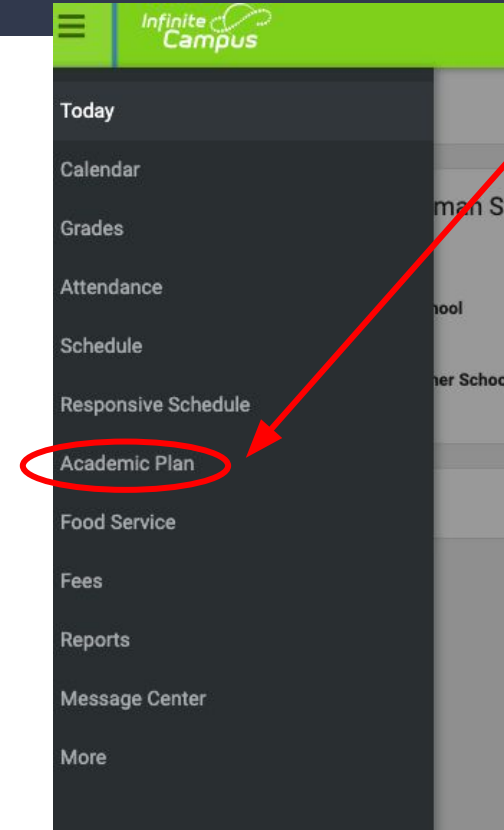
Infinite Campus (IC): Four Year Plan

- **Click NEXT once you're on the Academic Plan**

Academic Plan

Choose an Academic Plan: SUHSD Grad Req 2019 and above (Graduation)

Post Grad Location [   ] Post Grad Plans [   ]

Next

- **Remember, this is a tentative four year plan. Each year you will revise your plan with your counselor when you choose classes for the following school year.**

Infinite Campus (IC): Four Year Plan

- **ADD your classes for 10th-12th grades in your IC Academic Plan using your Course Selection Worksheet.**

- **Click SAVE**

Questions & Answers

Web Tools

- Naviance: https://student.naviance.com/sequoia
- PPH Link: http://www.sequoiahs.org/RESOURCES/Program-Planning-Handbook/index.html
- Infinite Campus: https://ic.seq.org/campus/sequoia.jsp
- CANVAS: https://sequoia.instructure.com/login/ldap
- College Board: https://www.collegeboard.org/
- Khan Academy: Link your College Board account with Khan Academy to create free, customized SAT test prep.
- Big Future - College Board: https://bigfuture.collegeboard.org/
- California Career Zone: https://www.cacareerzone.org/
- O*net Online: https://www.onetonline.org/
- Sequoia H.S. College & Career Center: http://www.sequoiahs.org/DEPARTMENT/College--Career-Center/index.html
- Sequoia H.S. IB Office: http://www.sequoiahs.org/PARENTS--COMMUNITY/IB-Programme/index.html
- Sequoia H.S. Guidance Office: http://www.sequoiahs.org/DEPARTMENT/Guidance/index.html